



July 2017,

Dear Colleague(s):

In recognition of World Suicide Prevention Day (September 10, 2017), the Canadian Mental Health Association will be hosting (4) safeTALK sessions.

<p><b>(Adult English) Cornwall September 5<sup>th</sup>, 2017</b>          Army Navy Air Force 14 Marlborough, Cornwall  <b>Special Guest:</b> Keynote speaker “Tony Hall” prior to event 8:15-8:45 <u>(with registration only, Not open to the public!)</u></p>	<p><b>(Youth 15+ English) Cornwall September 5<sup>th</sup>, 2017</b>          Army Navy Air Force 14 Marlborough, Cornwall  <b>Special Guest:</b> Keynote speaker “Tony Hall” prior to event 8:15-8:45 <u>(with registration only, Not open to the public!)</u></p>
<p><b>(Adult &amp; Youth French) Cornwall September 5<sup>th</sup>, 2017</b>          Army Navy Air Force 14 Marlborough, Cornwall  <b>Special Guest:</b> Keynote speaker “Tony Hall” prior to event 8:15-8:45 <u>(with registration only, Not open to the public!)</u></p>	<p><b>(French) – Hawkesbury September 7<sup>th</sup>, 2017</b>          Mental Health &amp; Addiction Regional Centre,          580 Spence, Hawkesbury, ON, L’Orignal Room</p>

Registration: 8:30 am – 9:00 am in Hawkesbury and 8:00am in Cornwall  
 Training session: 9:00 am – 12:00pm

**COST:** In recognition of World Suicide Prevention Day, the cost will be **\$28.25** (\$25.00 + HST).  
 The workshop fee is normally \$60.00 + (HST). **A savings of \$35 per person!**  
 Includes: Continental breakfast & workshop materials

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided, leaving people more alone and at greater risk. **safeTALK** training prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe) to identify and engage people with thoughts of suicide and to connect them with further help and care.

**safeTALK** is for everybody who wants to help prevent suicide; front line workers, clergy, volunteers, parents, youth (15 years and older), teachers, law enforcement.

**How to register:**

**Participant space is limited;** therefore we ask that you register by September 1<sup>st</sup>, 2017 to secure your registration.

To register, complete the attached registration form and send along with payment to the Canadian Mental Health Association at 329 Pitt Street, Cornwall, ON K6J 3R1.

A registration confirmation letter will be sent to you 1 week prior to the training date and will include any necessary information pertaining to the training.

**Please notify us if you have any special dietary requirements or have any needs concerning mobility, audio or visual accessibility.** Should you require further information please feel free to call 613-933-5845 or email at [office@cmha-east.on.ca](mailto:office@cmha-east.on.ca)

